



Online Timetable

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						10:00am * Fundamentals
	5:45pm Mobility	5:45pm Flow	5:45pm * Eclipse	5:45pm YogaDetour	5:45 Yin	

* denotes a 75 minute class. | ** denotes 45 minute class.

**We're doing our part to keep the community safe.
Please stay home and stay safe.**