



Covid-19 Safety Plan



The studio floors and all surfaces are sanitised between every class.



Social Distancing: Please position yourself to keep social distancing during class.

20

Every class is limited to 20 people.

This means booking are ESSENTIAL.



Online classes (live & OnDemand) will continue to be available to Members.



BYOM- Bring your own mat if possible. Studio mats & props will be available and sanitised after each use if you do not have your own.



Bring your own water bottle.

**We are doing everything possible to keep our
community safe.**